

2019 PORTLAND MASTERS TRACK CLASSIC RECORDS

100 METERS			
M30	Art Anderson	10.99	1999
M35	Chris Garofola	11.24	2018
M40	Michael Waller	11.46	1999
M45	Michael Waller	11.72	2008
M50	Steve Robbins	11.59	
M55	Steve Robbins	12.03	1998
M60	Paul Edens	12.02	2004
M65	Paul Edens	11.99	2006
M70	Ron Brown	14.36	2005
M75	Dick Cottingham	15.71	2003
M80	Bob Hewitt	15.27	2014
M85	Dan Bulkley	19.81	2004
M90	Dan Bulkley	25.13	2011
M95	Dan Bulkley	28.17	2013
W30	Paula Leslie	13.14	2003
W35	P Farster-Gilkey	13.99	
W40	M Milligan-Jackson	14.17	
W45	Mary Libal	13.11	
W50	A Eggleston-Scotti	14.71	2009
W55	Rhona Trott	15.28	2007
W60	Nikki Ryan	15.38	
W65	Candy Puterbaugh	16.98	2013
W70	Janice Bradley	20.11	2009
W75	Janice Bradley	22.59	2013
W80	Jancie Bradley	24.55	2019
W85	Ivy Granstrom	32.81	1999
W90	Ivy Granstrom	47.84	2002
200 METERS			
M30	Art Anderson	22.36	2000
M35	Billy McKinney	22.92	
M40	Eddie Odoms	24.09	2011
M45	Greg William	24.95	
M50	Walt Butler	24.52	
M55	Dave Walter	24.65	2000
M60	Paul Edens	25.29	2003
M65	Paul Edens	24.73	2006
M70	Charlie Brocato	29.46	2015
M75	Dick Cottingham	33.37	2003
M80	Dan Bulkley	34.71	1998
M85	Don Kane	43.50	2017
M90	Dan Bulkley	55.04	2011
W30	Shirley Woolworth	27.72	2005
W35	Marilyn Dewarder	29.47	1999
W40	S Sperling-Stone	29.40	
W45	Mary Libal	26.99	
W50	Amanda Shearer-Hannah	30.82	2018
W55	Candy Puterbaugh	31.97	2003
W60	Karen Maxwell	33.46	2019
W65	Nancy Nelson	39.20	2013
W70	Janice Bradley	45.26	2009
W75	Janice Bradley	51.21	2013
W80	Marlene Knechtel	1:01.20	2019
W85	Ivy Granstrom	1:05.84	1999
400 METERS			
M30	Curtis Wilson, Jr	49.07	1998
M35	Dave Hagemeyer	52.98	
M40	Karry Cameron	53.17	1998
M45	Naim Hasan	53.93	2003
M50	Dave Walter	54.30	
M55	David Ortman	58.78	2009
M60	David Ortman	58.58	2013
M65	Jack Coy	1:03.72	
M70	Don McMillan	1:08.48	2012
M75	Don Kane	1:16.21	2008

400 METERS (cont)			
M80	Dan Bulkley	1:23.34	1999
M85	Dan Bulkley	1:43.97	2004
M90	Dan Bulkley	2:11.74	2010
M95	Dan Bulkley	2:16.33	2013
W30	Laurie Blume	1:08.54	2001
W35	Christine Eckstein	1:06.28	2019
W40	Susan Post	1:06.53	
W45	Mary Libal	1:00.19	
W50	Becy Chan	1:10.20	2007
W55	Candy Puterbaugh	1:12.52	2005
W60	Candy Puterbaugh	1:15.58	2010
W65	Candy Puterbaugh	1:22.33	2013
W70	Irene Crane	1:57.00	
W75	Suzi MacLeod	1:32.18	2010
W80	Irene Crane	2:26.91	2000
W85	Ivy Granstrom	2:30.65	1999
W90	Ivy Granstrom	3:54.48	2002
800 METERS			
M30	Mark Holme	1:59.87	1999
M35	Jonathan Swanson	1:59.18	2010
M40	Kevin Paulk	2:00.11	2004
M45	Kevin Paulk	2:02.93	
M50	Mike Blackmore	2:08.01	2015
M55	Don McMillan	2:13.67	
M60	Dan McCormack	2:16.19	2000
M65	Don McMillan	2:33.79	2006
M70	Tom Brinton	2:45.91	1998
M75	Don Kane	3:12.83	2008
M80	Dan Bulkley	3:37.59	1998
M85	N/A		
M90	Dan Bulkley	5:28.71	2009
W30	Mary Russell	2:33.40	
W35	Kelly Hewett	2:25.70	2005
W40	Sarah Smith	2:28.16	2008
W45	C Aylaya-Troncosco	2:27.26	2008
W50	Becy Chan	2:54.13	2007
W55	Jeanette Groesz	2:44.18	2009
W60	Candy Puterbaugh	2:56.69	2011
W65	Candy Puterbaugh	2:28.50	2012
W70	N/A		
W75	Suzi McLeod	3:37.55	2010
W90	Colleen Milliman	6:16.65	2017
1500 METERS			
M30	Marty Downs	4:14.15	
M35	Jonathan Swanson	4:09.59	2007
M40	Chuck Coats	4:09.89	2001
M45	Kevin Paulk	4:13.18	2006
M50	Brad Barton	4:05.41	2016
M55	Keith Schramm	4:38.38	2005
M60	Dan McCormack	4:44.12	
M65	Gary Hall	5:21.67	2013
M70	Paul Heitzman	5:25.34	2001
M75	Joe Mallon	7:24.81	
M80	Geoffrey Etherington	6:55.32	2009
M85	N/A		
W30	Wendy Johnson	4:53.57	2003
W35	Jane Hewett	5:03.04	2005
W40	Robin Vesey	5:24.95	2005
W45	C Aylaya-Troncosco	4:59.36	2008
W50	Candy Puterbaugh	5:29.22	1998
W55	Jeanette Groesz	5:31.17	2007
W60	Candy Puterbaugh	5:48.29	
W65	Candy Puterbaugh	5:57.75	2012

1500 METERS (cont)			
W70	Candy Puterbaugh	6:50.14	2019
W75	Suzi McLeod	7:37.44	2009
W80	Helen Lachman	15:48.78	2009
W85	Helen Lachman	17:23.44	2010
3000 METERS			
M30	Daniel Bartosz	9:19.29	2008
M35	Steve Berry	10:15.53	2007
M40	Dan Gonzalez	8:51.38	2005
M45	Chuck Coats	8:56.59	2005
M50	Mike Blackmore	9:09.41	2015
M55	Bob Prather	10:04.65	2011
M60	Peter O'Neil	11:08.36	2006
M65	Gary Hall	12:12.46	2013
M70	Paul Flanagan	13:38.37	2006
M75	Paul Flanagan	14:20.54	2008
W30	N/A		
W35	Jane Hewett	10:46.13	2005
W40	Alyssa Tower	11:08.95	2006
W45	Wanda Toro	11:51.43	2011
W50	Joanna Harper	11:53.61	2008
W55	Robin Vesey	12:48.63	2010
W60	Jeanette Groesz	12:47.07	2013
W65	Laura Stepan	19:56.05	2006
W70	Susan Means	18:23.65	2007
W75	Susan Means	19:40.21	2010
5000 METERS			
M30	Daniel Bartosz	16:22.59	2010
M35	Greg Gustafson	15:37.92	
M40	Chuck Coats	15:22.26	2001
M45	Chuck Coats	16:06.79	2006
M50	Al Beck	17:18.96	
M55	Richard O'Brien	17:08.98	2005
M60	Doug Winn	17:42.51	2010
M65	John Hepner	19:50.51	
M70	John Keston	19:43.65	
M75	Bill Iffrig	24:25.25	2009
M80	Geoffrey Etherington	24:07.68	2009
W30	Helen Rarick	17:38.12	2011
W35	Karen Scholte Arce	18:09.79	2001
W40	Julie Leasure	18:41.15	2011
W45	Robin Vesey	19:54.24	2000
W50	Jeanette Groesz	20:59.73	2001
W55	Miriam Zderick	19:42.38	2011
W60	Jeanette Groesz	20:40.80	2010
W65	Susan Means	27:50.43	2001
W70	Helen Lachman	37:39.85	1999
W75	Helen Lachman	35:13.01	2003
W80	Helen Lachman	42:52.79	2005
W85	Ivy Granstrom	45:21.20	1999