

2019 PORTLAND MASTERS TRACK CLASSIC RECORDS page 3

LONG JUMP			
M30	David Turnbull	6.57	1989
M35	Brian Coughay	6.41	2000
M40	Mike Lariza	6.75	
M45	Brian Coughay	6.31	2009
M50	Roger Parnell	5.65	2002
M55	David Ortman	5.38	2009
M60	Bob Blackburn	5.44	2018
M65	Frank Struna	4.72	2007
M70	Bob Hewitt	4.72	2004
M75	Norm MacLeod	4.09	2011
M80	Bob Hewitt	4.72	2014
M85	Dennis Sullivan	2.52	2013
M90	N/A		
M95	N/A		
W30	Paula Leslie	5.09	2003
W35	Julie Toll	4.09	2001
W40	Linda Phillips	4.26	2007
W45	Paula Leslie	4.26	2010
W45	Linda Phillips	4.59	2008
W50	Becky Sisley	4.10	1990
W55	Caroline Cooney	3.63	2003
W60	Becky Sisley	3.24	2003
W65	Becky Sisley	3.33	2004
W70	Melicent Whinston	2.36	2001
W75	Melicent Whinston	2.14	2003
W80	N/A		
W85	N/A		
W90	N/A		
TRIPLE JUMP			
M30	Mike Toll	11.97	
M35	Brian Coughay	13.65	2001
M40	Brian Coughay	13.22	2004
M45	Mike Lariza	13.36	2001
M50	Mike Lariza	12.61	2009
M55	Michael Yeoman	11.18	2013
M60	Mike Lariza	10.64	2016
	Mike Lariza	10.64	2018
M65	Frank Struna	10.14	2007
M70	Bob Hewitt	9.53	2004
M75	Norm MacLeod	8.62	2011
M80	Bob Hewitt	8.34	2014
M85	Dennis Sullivan	5.77	2013
M90	Dan Bulkley	3.68	2011
W30	Julie Toll	8.71	2000
W35	Julie Toll	8.41	2003
W40	Julie Toll	8.68	2006
W45	Dawn Thompson	8.50	2016
W50	Dawn Thompson	8.53	2018
W55	Becky Sisley	6.69	2003
W60	Yvonne Kirkpatrick	5.52	2013
W65	Nancy Nelson	6.03	2012
W70	Jean Moule	5.24	2019
W75	N/A		
W80	N/A		
HIGH JUMP			
M30	T Thompson	1.93	1998
	D Turnbull	1.93	
M35	Kyle Johnson	1.99	2016
M40	Brian Coughay	1.76	2008
M45	Chris Bates	1.72	2012
M50	Brian Coughay	1.65	2018
M55	David Ortman	1.60	2008
M60	Brian Coughay	1.60	2019
M60	Charlie Rader	1.56	2010

HIGH JUMP (cont)			
M65	Richard Westberg	1.36	
	Jay Edwards	1.36	2009
M70	Vince Sempronio	1.37	
M75	Vince Sempronio	1.28	2001
M80	Lew Luchrs	1.12	1999
	Gil Young	1.12	2003
M85	Ray Propst	1.07	2015
M90	N/A		
W30	Monica Barnhart	1.52	2013
W35	Martha Mendenhall	1.52	
W40	Camille Jampolsky	1.75	1999
W45	Martha Mendenhall	1.48	2005
W50	Martha Mendenhall	1.52	2009
W55	Kelly Holding	1.32	2018
W60	Becky Sisley	1.17	2003
W65	Nancy Nelson	1.01	2013
W70	Becky Sisley	1.08	2009
W75	Janice Bradley	0.81	2013
W80	N/A		
W85	N/A		
W90	N/A		
POLE VAULT			
M30	Crane Niblack	4.14	2000
M35	Mike Jaqua	4.11	1998
M40	Mike Monahan	4.27	
M45	Ed Libscomb	4.27	
M50	Dennis Phillips	4.11	1999
M55	Joe Johnston	3.85	2001
M60	John Altendorf	4.02	2009
M65	John Altendorf	3.72	2011
M70	Terry Cannon	3.81	2003
M75	John Cleveland	2.43	2000
M80	Bob Hewitt	2.44	2015
M85	Dennis Sullivan	1.25	2013
M90	N/A		
M95	N/A		
W30	Alisa Wise	2.65	2001
W35	N/A		
W40	Donna Schultz	2.90	2000
W45	Donna Schultz	3.04	2006
W50	Donna Schultz	3.10	2008
W55	Becky Sisley	2.39	
W60	Becky Sisley	2.46	2001
W65	Becky Sisley	2.30	2005
W70	Becky Sisley	2.36	2009
JAVELIN			
M30	Ken Weinberg	62.59	1998
M35	Eb Buck	65.65	
M40	Dan Sheets	55.89	2012
M45	Brian Valley	49.28	2002
M50	Troy Dietz	52.74	2016
M55	Tom Sinclair	51.75	2013
M60	Gary Stenlund	59.59	2003
M65	Gary Stenlund	56.38	2006
M70	Gary Stenlund	47.37	2011
M75	Gary Stenlund	43.22	2016
M80	Bill Bronson	29.62	2003
M85	Dennis Sullivan	21.34	2013
M90	Frank Webber	13.25	2014
M95	N/A		
W30	N/A		
W35	JoAnne Wolfe	21.01	
W40	Kimie Allegre	39.92	
W45	Linda Phillips	28.68	2008
W50	Monica Kendall	43.72	2006

JAVELIN (cont)			
W55	Monica Kendall	38.34	2011
W60	Monica Kendall	34.60	2016
W65	Becky Sisley	28.09	2004
W70	Becky Sisley	28.42	2009
W75	Patricia Osmon	13.59	2003
W80	Jancie Bradley	11.70	2019
W85	Melanie Reske	9.50	2006
W90	N/A		
DISCUS			
M30	Martin Jaqua	43.48	
M35	Jaime Vetter	4.069	2018
M40	Richard Stewart	46.72	1998
M45	Michael Moravec	39.08	
M50	Ray Burton	50.90	2006
M55	Don Hardaway	44.46	1999
M60	Tom Gage	53.58	2003
M65	Bob Lawson	43.65	2001
M70	Harvey Lewellen	40.54	2002
M75	Harvey Lewellen	40.17	2004
M80	Ross Carter	33.18	
M85	Ross Carter	30.40	1999
M90	Dan Bulkley	13.41	2011
M95	Dan Bulkley	13.70	2013
W30	N/A		
W35	Erin Lile	21.69	2017
W40	Candance Woyak	31.17	
W45	Linda Phillips	23.01	2008
W50	Janelle Cooper	27.67	2007
W55	Yvonne Kirkpatrick	23.03	2012
W60	Monica Kendall	27.77	2019
W65	Carol Burckhardt	16.80	2013
W70	Janice Bradley	16.37	2008
W75	Janice Bradley	15.51	2015
W80	Janice Bradley	14.39	2019
W85	N/A		
W90	N/A		
SHOTPUT			
M30	Martin Jaqua	13.87	
M35	Rick Hebb	10.17	2003
M40	Blake Surina	14.36	2001
M45	Shannon Metclaf	11.62	2016
M50	Hank Pfrehm	16.03	
M55	James Patterson	15.57	2018
M60	Tom Gage	15.22	2003
M65	Robert Ward	13.30	2006
M70	Robert Ward	14.50	2009
M75	Robert Ward	12.59	2015
M80	Robert Ward	13.17	2019
M85	Ross Carter	10.40	1999
M90	Leon Joslin	6.30	2002
M95	N/A		
W30	N/A		
W35	Shukria Quereshe	9.84	
W40	Stephanie Ely	10.54	2011
W45	Georgia Cutler	10.99	2005
W50	Monica Kendall	14.65	2006
W55	Monica Kendall	13.27	2013
W60	Monica Kendall	11.78	2019
W65	Carol Burckhardt	6.68	2013
W70	Mavis Lorenz	6.71	2001
W75	Janice Bradley	6.95	2015
W80	Janice Bradley	5.82	2019
W85	Melanie Reske	4.67	2006
W90	N/A		